Rosebud students represent Thailand and Nigeria at Model United Nations Conference

On Wednesday 21st May, six of our Year 10 and 11 students travelled to The Peninsula School to attend the Model United Nations Conference. Hosted by the United Nations Association of Australia, this conference aims to teach students about the purpose of the United Nations by involving them in a mock GA meeting. In teams of 2-3, the students are asked to represent one country at the GA. Our Year 10 students, Courtney Trembearth, Emily McCombe and Maddy Berntd, represented the Kingdom of Thailand and our Year 11 students, Rachael Slocombe, Matthew Clayton and Ashling Morone, represented the Federal Republic of Nigeria.

Each team had to present a Position Statement on a mock resolution concerning the issue of human trafficking. Teams then proposed amendments to this resolution, debated them and eventually voted on them. In order to be able to do this confidently, the students had to spend time studying their countries, to make sure that the arguments/questions they put to the GA were representative of their country’s stance on the issue.

In addition to this, students heard Yun Mi Lee, an outreach worker with Project Respect (a non-government, non-faith-based, non-profit organisation that supports women in the sex industry - http://projectrespect.org.au/), speak about South Korean women she works with who have been trafficked to work in Melbourne brothels. For many of our students, realising that this actually happens in our city was quite a wakeup call. Students also had the pleasure of listening to Ian Howie, Adjunct Professor at RMIT University in their Global, Urban and Social Studies Department, speak about his time working at the UN. He was also the Secretary General and moderator of the GA on the day.

All in all, a fantastic experience was had by the students, as their reflections indicate:

“Attending the Model UN Conference was a valuable experience where I learned about the intricacies of international diplomacy and had the opportunity to meet like-minded students” – Ashling Morone.

“Whilst I was daunted going into it, I learnt a lot and had fun making allies and pushing amendments to the resolution. It was a fun time and surprisingly humorous on occasion, although I have to say I am still fuming about an amendment Russia managed to pass! All in all it was a great day” – Matthew Clayton.

“Personally, I gained a very in-depth understanding of how a UN Conference is run and also how views and issues on a global scale related to human trafficking” – Rachael Slocombe.

Thank you to Mr Glover for his help getting the students organised and to Ms Mackenzie and Mr Paden for letting us hitch a ride in the school bus with their theatre studies excursion. We also must thank the Peninsula School for hosting us and Robyn Van Lieshout for providing support from the Fundraising Budget to cover my classes for the day so that I could attend with the students.

Ms Samantha Jeacle
LOTE STUDENTS

Those who have not yet paid their Language Subscription fees need to do so ASAP at the front office ($31.50). Their LOTE teachers have a list of students who have paid, so questions should be directed to individual LOTE teachers. Students who do not pay will have access denied and will not be able to satisfy the homework requirements of the subject. Any parents who are having difficulty paying can contact the LOTE teacher or Mrs Purnomo in the Language Centre.

INSURANCE

STUDENT ACCIDENT INSURANCE REMINDER.
Several years ago the School Council of Rosebud Secondary College voted to cease a whole-of-school student accident policy that had been in place for many years. Parents/guardians of students, who do not have student accident insurance, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs. There are commercial insurance companies who offer student insurance policies to families who wish to take out a student accident policy.

PERSONAL PROPERTY INSURANCE REMINDER.
This article is also to remind students, parents/guardians and staff that DEECD does not hold insurance for personal property brought to schools and it has no capacity to pay for any loss or damage to such property.

MATHS TUTORING

Free Maths Tutoring Sessions every Thursday after school from 3:30pm - 4:30pm

Years 7-9 Room 111
Years 10-12 Room 113

Anyone who wants a quiet place to work or get help from the Maths staff can come along!

Any questions, please contact Debbie Scholefield, Numeracy Coordinator on 5986 8595

MUSIC LESSONS

Instrumental music lessons starting in Term 2
Beginners welcome – no previous experience

Places include:
Trombone, Trumpet, Clarinet, Flute, Sax and Violin

Tuition is FREE

Instruments can be hired from the College Singing Lessons also available at RSC (Fee involved)
See Mr Parker for further information: 5986 8595 or speak with any Music Teacher
Hello to the Rosebud Secondary College community. It has been a busy few weeks with the College open night held recently and many other activities occurring around the school. We are now well and truly heading towards the end of semester and all students need to be well organised and prepared for this. Our "red dots" process has just been finished and any students identified need to make sure they complete any outstanding work. This is an important time to reinforce study routines at home, with a quiet area to work and designated times that fit in with other activities such as work or sporting commitments. If you have any concerns about your child's progress please contact the relevant staff member to discuss. Senior students need to be well prepared for the exam period as this is critical in reinforcing prior learning and preparing them for end of school exams in Year 12.

Some useful information can be found at this link: [http://www.youthcentral.vic.gov.au/Studying+%26+Training/Studying+tips+%26+resources/Top+ten+study+tips/](http://www.youthcentral.vic.gov.au/Studying+%26+Training/Studying+tips+%26+resources/Top+ten+study+tips/)

Well done to Mack Hill who attended the awards ceremony for the Pierre le Courbertin award at the MCG on Sunday 18th May. It is fitting that Mack who has contributed much to the sport program at the College was nominated for this award. The ceremony had many past Olympians presenting along with the Minister for Education, Martin Dixon.

Congratulations to Year 11 student Indiah Makeham who was recently granted a significant Wannik Scholarship. This will assist her in meeting her school completion goal and pathway.

The Fit 2 Drive Keys Please presentation was held last week for our Year 10 students. This is a critical transition point for many of our Year 10 students as they get their L Plates and take on the responsibility of driving a car. The work of the F2D program is now considered world class and the program exists across all of Victoria and has been used in other states and countries. Road trauma affects many families and the work of F2D has been instrumental in reducing the road toll of our young people. As a member of the F2D Trustees, I would like to promote the main fundraising event that supports the work of F2D, The Arthurs Seat Challenge on November 9th.


On Monday 5th May the College held it's annual open night for local primary school families considering Rosebud Secondary College. We have since held school tours for prospective parents and students which finish this week. If you are still interested in visiting the College please make an appointment with the office. A member of the principal class will show you around our facilities while the school is in action.

The school was saddened to hear of the recent death of Tom Hafey. A number of Tom's grandchildren attend the school and our thoughts are with them in this difficult time. I met Tom when he presented to students in various schools and his positive message was always an inspiration.

NAPLAN testing was completed last week for Year 7 & 9 students. Results from these tests will be released in September and school data will be released via the MySchool website.

Organisational matters

Senior exams commence- Year 10/11: from Monday 2nd June
Report writing day- student free: Friday 13th June
Queen's Birthday public holiday: Monday 9th June
Semester 2 starts: Monday 16th June

Dates for school activities can be accessed from the SMT Portal or our Skoolbag app.
STUDENT SUPPORT

Life for students is not always easy. Problems and worries can put a strain on school progress, family life and friendships. Personal concerns can get worse if help is not sought.

The College Wellbeing Team can provide advice and support to students and their families on a wide range of issues Including:

- School attendance and engagement
- Mental health and wellbeing (social, emotional challenges, positive friendships)
- Accessing financial assistance for school uniform and books, etc.
- Where to get help outside the school – referral to community agencies / health providers and Education Department Guidance Officer / Psychologist / Social Worker

The specialist support available includes:

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<thead>
<tr>
<th>STUDENT WELLBEING COORDINATORS</th>
<th>COLLEGE CHAPLAINS</th>
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</thead>
<tbody>
<tr>
<td>David Parker, Cindy Gilmour</td>
<td>Daryl M’Kinlay, Jill Mahar</td>
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<tr>
<th>ADOLESCENT HEALTH NURSE:</th>
<th>PARENT ENGAGEMENT OFFICER</th>
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<tr>
<td>Jeanette Trembearth</td>
<td>Sue Weatherill</td>
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<tr>
<th>SICK BAY / FIRST AID SUPERVISOR</th>
<th>STUDENTS WITH SPECIAL NEEDS</th>
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<tr>
<td>Caz O’Brien, Jenny Buckley (Wednesdays)</td>
<td>Jocelyn Robinson, Cindy Gilmour</td>
</tr>
</tbody>
</table>

All the above people can be contacted through the College office. Tel: 5986 8595. Appointments are usually necessary due to other teaching duties and part-time schedules.

SECOND HAND SCHOOL UNIFORMS FOR WELFARE DEPARTMENT

The Welfare Department would appreciate donations of pre-loved school polo shirts and other school uniform items in good condition.

These items are invaluable when all sorts of little emergencies arise. Please leave your clothing donations at the front office.

THANK YOU FOR YOUR SUPPORT.

STOPPING BULLYING

RESOURCES FOR PARENTS

All members of a school community share the concerns which surround the issue of bullying. The stresses created when a student or students aim to exert their power over another, be it psychological or physical bullying, can lead to very negative consequences.

Our policies and practices take a zero tolerance to bullying, and the realities of the “Hands Off” school allow all students to view bullying behaviours as wrong.

Whilst we employ a number of strategies to educate our students around this topic, we also appreciate that the parents of the students are vital partners in addressing the issue with us.

The Education Department have developed a very worthwhile online resource for parents in particular, which will allow you to explore the many facets of bullying and its management. The link to the module is: http://www.education.vic.gov.au/about/programs/bullystoppers/Pages/parentmodules.aspx. Whilst the content will make reference to children below secondary school age, the messages included are applicable to older children and will be observable in students at Years 7 and 8 in particular.

We would encourage you to view this resource, which will present you firstly with an overview of the issues, before allowing you to explore several case studies. These will each have a different theme, and you can select potential courses of action which will in turn open up thought provoking scenarios.

As always, we encourage parents and their children, to inform our teachers of any instances of bullying they experience, or observe. We want all of our students to feel happy and safe at their school.
Year 10 History students visited Melbourne’s Shrine of Remembrance on Tuesday 13th May with Mr Crook and Ms Fischer.

They attended the Spirit of ANZAC education program, undertook a tour of the building and witnessed a remembrance ceremony in the Sanctuary.

The Shrine is undergoing extensive renovations in preparation for the 100th anniversary of the Gallipoli landings next year and Rosebud Secondary College students were one of the first groups to use the new theatre.

*Dash Richardson in a WWI uniform*

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**2014 F2D Arthurs Seat Challenge**

The Arthurs Seat Challenge attracts some 2,000 individuals who will accept the challenge of walking or running from Rosebud Pier to the top of Arthurs Seat on Sunday 9th November 2014. In doing so participants draw attention to a tragedy of our modern society on the roads.

Young drivers comprise just a small portion of licensed drivers, yet are substantially overrepresented in road crashes, fatalities and injuries compared to other drivers in Victoria. Young drivers aged between 18-25 years are involved in nearly one third of all casualty crashes, with road accidents killing more young people than any other single cause.

By running or walking in The Arthurs Seat Challenge you are helping to raise awareness about this issue and raise funds to support a wonderful community initiative called Fit to Drive. This program is unique in that it seeks to coordinate all of the educational road safety resources that are available and to deliver them in a systematic way to young people in Year 11 attending secondary colleges in Frankston and on the Mornington Peninsula.

Earlier this week the official launch of the 2014 Arthurs Seat Challenge was held at the picturesque Arthurs Hotel, Arthurs Seat. Year 11 Student Leader, Sarah Mann, Drew Alsop 9B and Saja Taleb 9H and teacher Ashley Crook attended on our school’s behalf. Sarah spoke to the audience about the many positives to come out of the event. She was an excellent speaker and had many positive comments from the audience. Our school has a long history with supporting this event with race day volunteers, student/staff walkers and runners, and community promotion.

This year’s date is **Sunday 9th of November** starting in the morning.


If you are keen to run, walk, or volunteer please come and see Mr Crook, Yr 9 Coordinator.
Konnichiwa, Shiho-san!

The Languages Department would officially like to welcome Shiho Nakahara to our College for the next twelve months.

She will visit Japanese classes, and primarily work with our Year 12 students preparing them for the end of year oral exam.

Shiho is 23 years old, and comes from Hyogo prefecture in Japan.

In the future, she would like to work in the service industry, collaborating with people from other nationalities.

Whilst Shiho is in Australia, she looks forward to spending a lot of time near the ocean, and admiring our beautiful peninsula beaches.

If you see Shiho around the school, please say “konnichiwa” to her!

We also welcomed Anissa, our Indonesian assistant, during Term 1.
Keep your eye out in the next newsletter for her introduction!

Term 3 is shaping up to be a very busy and exciting time!

During July 30th—August 5th we will once again host a group of students and teachers from our sister school, Gamagori Higashi Senior High School.

On September 10th, a group of 18 very excited students from Year 9B, 10 and 11 will head to Japan on our reciprocal trip, visiting our sister school for one week, and then touring around Japan.

If you think you would be interested in hosting an exchange student, or participating in future Japanese or Indonesian study tours, please see Mrs Purnomo (Languages Co-ordinator) in Rm L08.

Did you know? Learning a second language at a young age actually improves reading abilities and general literacy in the first language.
The SRC would like to thank Robyn Van Lieshout and the staff that helped in the canteen on Athletics Day. It's a busy and hectic place to work but the students enjoy the event and we like to make it a day to remember.

The SRC would also like to acknowledge Kayla D' Angelo and her mother for all the work they did with the Easter Raffle. They both did a wonderful job.

Also a big thank you to the student leaders who represented the school at all the ANZAC functions on ANZAC Day. They attend The Rosebud RSL and the Rye RSL at dawn and the later services laying wreaths on behalf of the school community.

The school had a Casual Dress Day on the 16th May with a "Winter Wollies" theme. All the money raised ($1,163.35) went to the Royal Children’s Hospital.

FOOD COLLECTION
The SRC is going to be running a collection of non-perishable food for the local community. We would like each student to bring one can or packet of non-perishable food to year level areas.

This will then be collected and dispensed by the end of the term. The year level that has the biggest collection will be rewarded with a BBQ and a day which they will be acknowledged for their commitment to the cause.

Also, if anyone in the school community would like to contribute you can leave food at the front office for Ms Seymour to collect.
HEAD LICE

The information contained here will help you treat and control head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl. If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will ‘pop’ when squashed between fingernails. Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children’s service centres after treatment has commenced. The department recommends a child with head lice can be treated one evening and return to school or children’s service centres the next day, even if there are still some eggs present. There is no need to miss school or childcare because of Head lice.

Preventing head lice

Check your child’s head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

The following website offers further information:


Coughs, Colds and Asthma

Coughs, colds and the flu are one of the most common triggers of asthma. The common cold is caused by an upper respiratory tract infection and is a common illness for children and adults in Australia. As we approach the colder months, here are some tips to keep in mind to prevent and reduce the spread of coughs, colds and the flu: Avoid coughing and sneezing on or near others and wash your hands thoroughly to prevent the spread of disease.

If your child is not feeling well, it is recommended that they stay home and rest, to reduce the spread of infections and to speed up their recovery process. Everyone should have the annual flu vaccination to ensure they are protected from this disease. You or your child may be eligible for the free flu vaccination. Details about who is eligible can be found here and can also be determined by your doctor. Prior to purchasing any medications or herbal and natural remedies, you should seek the advice of your doctor or pharmacist as some medications can react with asthma medications. Such as Aspirin, Ibuprofen/Naproxen (non-steroidal anti-inflammatory medications), Beta Blockers tablet and eye drops (used for high blood pressure and glaucoma), and ACE inhibitors (used to control blood pressure).

Stay warm this winter!

Parent and Carer Asthma Information Sessions

The Asthma Foundation of Victoria is funded by the Federal Department of Health to provide free asthma education sessions to groups of parents and carers. These sessions can take place at the school or at a location of your choice. The session runs for approximately one hour.

If you are interested in attending a parent and carer asthma information session, please contact The Asthma Foundation of Victoria to arrange a session on 1800-ASTHMA or sdoherty@asthma.org.au

For more information, please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au

STUDENTS WHO ARE UNWELL

A REMINDER TO ALL PARENTS (AND STUDENTS TO NOTE).
IF YOUR CHILD IS UNWELL THEY ARE TO GO TO SICK BAY FIRST

STUDENTS ARE NOT TO PHONE THEIR PARENTS.
STUDENTS WHO DO ARE IN BREACH OF SCHOOL RULES

CAZ O’BRIEN, SICK BAY COORDINATOR,
WILL CALL PARENTS IF THEIR STUDENT IS UNWELL AND NEEDS TO GO HOME
Baseball

Both the Intermediate and Year 7 boys played superbly at the recent Southern Metropolitan Regional finals at Cheltenham. Jye Nelson pitched very accurately while Toby Nelson's batting was sensational in the inter games.

The Year 7 pitching was shared between Tyler Singleton, Dylan Morone and Josh Taylor (AKA B2). Catcher Jayse Mackenzie survived a collision at home plate with a runner, and even managed to hold onto the ball to score the “out”. Ethan Anderson then took over as catcher; a role which he performed very skillfully.

All of these players were excellent sportsmen, and unfortunately both teams lost on percentage.

Softball SMR Finals

The Year 7 girls Softball team played the best and the worst they have played this year. At times they stunned everybody with their batting, stealing and fielding, while at other times they showed their inexperience.

The team narrowly missed out on reaching the finals. Beth Allen and Acacia Davis pitched beautifully, while Arrabella Richardson was a fantastic catcher.

Boys Netball

The Intermediate boys played fiercely to come third in the competition at Mornington last week. Lachy McKenzie and Kurt Goss got the boys organised, and the rest of the team played cohesively to give the opposing teams a very hard time.

The Junior boys played like dynamos....walking over every team they encountered. Alex Searle shot a massive 20 goals, closely followed by Campbell Hutswaite with a tally of 18. Niko Nafoi (Year 7) also scored 7 goals. Other goals were scored by Kyle Llewellyn, Jack Presti, Bailey Corbett, Kavan Bendle and Max Cairns.

Blake Kuipers was an agile Centre, assisting with many of the goals. The Junior team was made up of Year 7 and Year 8 boys, who all co-operated to make a very strong team. Over the five games they played, Rosebud scored 89 goals to a total of 16 for all the other teams.

It has been a pleasure coaching all of these teams. Rosebud Secondary College is very proud of the manner in which all of these students have conducted themselves during the various competitions; they are a credit to their school and their families.

C. Mackenzie (Coach)

INTERSCHOOL SPORT PARTICIPATION FEE - $25.00

The College is very supportive of our students' participation in Interschool Sport, believing that this broadens their social and learning experiences.

The Interschool Sport Program is expensive to run due to the ever increasing costs of buses, equipment and casual relief teachers.

As this program is one of our optional extras, the costs of participating in it are required to be met by parents/guardians.

The contribution required to pay is $25.00 for the year. This goes towards helping to cover some of the costs of running the program.

R.S.C. NETBALL TRAINING

Year 7-12 netball morning training sessions are held from 7 - 8:15am on Wednesdays.

Could all girls please be at the stadium at 7am on Wednesday morning in training gear. Training will finish at 8:15am and students will then begin their normal school day.

TRAINING DATES FOR THE CALENDAR:

28/5/2014 & 4/6/2014

REMINDER: YOU MUST HAND IN YOUR PERMISSION FORM BEFORE TRAINING OR YOU WILL NOT BE ABLE TO PARTICIPATE.

PLEASE SEE MISS KRIEGER IN 1.04 IF YOU HAVE ANY QUESTIONS.
SENIOR GIRLS’ FOOTY

Despite 10 late withdrawals the Senior Girls’ Footy team finished a very respectable 2nd. After literally hopping off the bus, getting changed and running onto the ground, the 15 girl Rosebud Secondary College side was able to win their first game comfortably against Mount Eliza. They were 2 goals up on the much fancied Mornington team before being overrun late in the game. The Dromana game was not our best but considering the circumstances the girls should be very proud of their efforts. Special mentions to Captain Samie Wright, Superstars Georgia Walker and Jasmine Mandile as well as Molly ‘Bodyslammed’ Moore and Jess ‘Face Plant’ Coote.

Game 1:
Rosebud 4.2 (26) def Mt. Eliza 1.4 (10)  
Goals: Bri 1, Ellie Donald 1, Georgia Walker 1, Moore 1  
Best: Georgia Walker, Ellie Donald, Molly Moore, Ebony Gray, Samie Wright

Game 2:
Rosebud 2.6 (18) lost to Mornington 6.10 (46)  
Goals: Georgia Walker 2  
Best: Jasmin Mandile, Samie Wright, Jess Coote, Georgia Walker, Tamara Morssinkhoff

Game 3:
Rosebud 2.1 (13) lost to Dromana 2.5 (17)  
Goals: Georgia Walker 2  
Best: Georgia Walker, Jasmin Mandile, Samie Wright, Kirra Foehn, Danielle Gates

TEAM:
Megen Andersen, Emma Jose, Tamara Morsinkhoff, Danielle Gates, Ebony Gray, Kristi Large, Sunni Cottle-Anderson, Kirra Foehn, Ellie Donald, Ash Bourke, Jess Coote, Molly Moore, Samie Wright, Jasmin Mandile, Georgia Walker

Mr Albress

GOLF

Congratulations to Becc Stephens (Year 12) who competed in the State Golf Finals this week. Although she didn’t win, she should be commended on reaching the State Finals every year for the last 8 years. This is a tremendous achievement and the College is very proud of her dedication to the sporting programme.

Senior Boys Football

Match Report Details
RSC 9. 5. 59 points defeated Westernport SC 3. 3. 21 points  
RSC 7. 7. 49 points defeated Mt Eliza SC 1. 4. 10 points  
RSC Best Players: Thomas Stoffels, William Harbinson, Max De Jong, Ricky Smith.
RSC 9. 5. 59 points defeated Dromana SC 2.3. 15 points  
RSC Best Players: Jess Hawkins, Klean Wicks, Ben Williamson, Bryce Gibson.
RSC 12. 9. 81 points defeated Mornington SC 4. 5. 29 points  
RSC Best Players: Ethan King, William Harbinson, Jacob Hepner, Shannon Gladman

The senior boys team was filled with high quality players. Nearly all players played in the local completion and some had recently played in the Senior Grade.

The talent was evident in the early stages of the first game. Throughout all four games the RSC players played in excellent sportsmanship and outstanding levels of team work across the ground.

It was a pleasure to coach such a talented, committed and positive young men. Well done to all players, who shared the goal umpiring, boundary umpiring, water boy duties and interchange rotations without any complaints.
Impro Club

with Carole Patullo

Improvisation is great fun and it’s good for you!

Impro fosters spontaneity, collaboration and playfulness.

Perfect for anyone with an interest in writing, theatre, and comedy.

Or simply anyone who wants to spark their imagination and inspire others.

MONTHLY IMPRO ARVO 2014
21st June
1:00pm - 4:00pm
Cost: $40.00, $35.00 conc. (per session)

Impro Club is at SPAC
Eastbourne Rd, Rosebud

Bookings and enquiries
(03) 5986 8204
or go to www.southernpeninsulartscentre.com

Southern Peninsula Arts Centre
GRAFFITI VANDALISM – IS NOT ART!!

Everyone is noticing it, everyone is talking about it, but what can everyone do about it?

Graffiti Vandalism is a crime and police will investigate BUT even more importantly, it has become a real community issue and we all need to be part of the solution. Local residents, retailers and visitors have all expressed concerns about the reputation that graffiti is giving to our community.

The majority of crimes solved by police are as a result of information received from the community.

If you see something, say something!

Be aware of what is happening in your local area. Take note of suspicious or illegal activity by recording times, dates, registration numbers of vehicles, identity or description of persons acting suspiciously.

Information and/or photographs can be passed on to local police via email on:- rosebud_uni_graffiti@police.vic.gov.au or alternatively incidents can be reported anonymously to Crime Stoppers on 1800 333 000.
If your child suffers from Asthma would you please complete the attached Asthma Action Plan so that we have up to date information to assist your child with this condition. Would you please be vigilant in reminding your child to always carry their Asthma medication. Thank you Caz O’Brien.

Asthma care plan for schools

CONFIDENTIAL: Staff are trained in asthma first aid (see overleaf) and can provide routine asthma medication as authorised in this care plan by the treating doctor. Please advise staff in writing of any changes to this plan.

To be completed by the treating doctor and parent/guardian, for supervising staff and emergency medical personnel.

PLEASE PRINT CLEARLY

Student’s name: ______________________

Date of birth: ______________________

Managing an asthma attack

Staff are trained in asthma first aid (see overleaf). Please write down anything different this student might need if they have an asthma attack.

Daily asthma management

This student’s usual asthma signs

☐ Cough
☐ Wheeze
☐ Difficulty breathing

Frequency and severity

☐ Daily/most days
☐ Frequently (more than 5 x per year)
☐ Occasionally (less than 5 x per year)

Other (please detail)

Known triggers for this student’s asthma (e.g. exercise, cold/flu, smoke) — please detail:

Other (please detail)

Does this student usually tell an adult if she is having trouble breathing? ☐ Yes ☐ No

Does this student need help to take asthma medication? ☐ Yes ☐ No

Does this student use a mask with a spacer? ☐ Yes ☐ No

*Does this student need their blue reliever puffer medication before exercise? ☐ Yes ☐ No

Medication Plan —

If this student needs asthma medication, please detail below and make sure the medication and spacer mask are supplied to staff:

<table>
<thead>
<tr>
<th>Name of medication and colour</th>
<th>Dose/number of puffs</th>
<th>Time required</th>
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<table>
<thead>
<tr>
<th>Name of doctor</th>
<th>Address</th>
<th>Phone</th>
<th>Signature</th>
<th>Date</th>
</tr>
</thead>
</table>

Parent/guardian

I have read, understood and agree with this care plan and any attachments. I approve the release of the information to staff and emergency medical personnel. I will notify the staff in writing if there are any changes to these instructions. I understand staff will ask for emergency medical help as needed and that I am responsible for payment of any emergency medical costs.

Name: ______________________
Signature: ______________________
Date: ______________________
Asthma First Aid

1. Sit the person upright
   - Be calm and reassuring
   - Do not leave them alone

2. Give 4 puffs of blue reliever puffer medication
   - Use a spacer if there is one
   - Shake puffer
   - Put 1 puff into spacer
   - Take 4 breaths from spacer
   Repeat until 4 puffs have been taken
   Remember: Shake, 1 puff, 4 breaths

3. Wait 4 minutes
   - If there is no improvement, give 4 more puffs as above

4. If there is still no improvement call emergency assistance (DIAL 000)*
   - Say ‘ambulance’ and that someone is having an asthma attack
   - Keep giving 4 puffs every 4 minutes until emergency assistance arrives

*If calling Triple Zero (000) does not work on your mobile phone, try 112

Call emergency assistance immediately (DIAL 000)
- If the person is not breathing
- If the person’s asthma suddenly becomes worse, or is not improving
- If the person is having an asthma attack and a puffer is not available
- If you are not sure if it’s asthma

Blue reliever medication is unlikely to harm, even if the person does not have asthma

Asthma Australia
To find out more contact your local Asthma Foundation
1800 ASTHMA (1800 278 462) | asthmaaustralia.org.au
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Translating and Interpreting Service
131 450